



Find the help you need with myagedcare

If you're finding it harder to do the things you used to, you might need a bit of support at home. The Australian Government's myagedcare phone line and website can help you to:

Access services to support you with:

- **Transport**
(e.g. appointments and activities)
- **Household jobs**
(e.g. vacuuming and preparing meals)
- **Modifications to your home**
(e.g. hand rails, ramps)
- **Nursing and personal care**
(e.g. help getting dressed, help shaving)

Find information in one spot on:

- **Different types of services**
(in home support, short-term care, aged care homes)
- **Your eligibility**
- **Your contribution to the cost**
- **Organisations that provide aged care**

Connect with myagedcare on
www.myagedcare.gov.au or **call 1800 200 422**

*1800 calls are free from land lines; calls from mobile phones might be charged.

Community and Services Listings

There may be times during your tenancy that you need to figure out where to turn if you or someone you care for needs support, advice, or advocacy.

A wide range of general and specialist government and independent community services are available to help people who need support. These agencies can help people with a wide range of challenges, including support for financial difficulties, Relationships, family support, housing support, legal issues, illness, disability, mental health problems or addiction.

Here we have listed some of these services; the main ones listed will be able to point you in the right direction if they cannot provide direct assistance.

KEY:

- 📍 Location
- ✉ Email
- 🌐 Website
- ☎ Phone

ABORIGINAL COMMUNITIES

13YARN Crisis Supporter

☎ 13 92 76

Aboriginal Dance Theatre Redfern

📍 82-88 Renwick Street, Redfern

Aboriginal Legal Service (ALS) NSW/ACT

📍 261-265 Chalmers Street, Level 3, Redfern

✉ www.alsnswact.org.au

General enquiries:

☎ 9213 4100

Police charges and court matters:

☎ 1800 765 767

Care and protection and family matters:

☎ 1800 733 233

Aboriginal Medical Service (AMS)

📍 36 Turner Street, Redfern

✉ www.amsredfern.org.au

☎ 9319 5823

Aboriginal Mental Health Unit

📍 Camperdown Community Health Centre, King George V Building, 86-119 Missenden Road, Camperdown 2050

☎ 9515 9000

AbSec – NSW Child, Family & Community Peak Aboriginal Corporation,

📍 21 Carrington Road, Marrickville 2204

☎ 9559 5299

Babana Aboriginal Mens Group

📍 Benledi House, 186 Glebe Point Road, Glebe 2037

✉ success@babana.org

✉ www.babana.org.au

☎ 9660 5012

Deadly Connections

📍 Enmore Park, cnr Enmore Rd and Victoria Rd, Marrickville 2204

✉ info@deadlyconnections.org.au

✉ www.deadlyconnections.org.au

☎ 1800487662

Greater Sydney Aboriginal Tenants Service

✉ admin_gsats@alsnswact.org.au

✉ www.nswats.com.au/branch-locations/sydney-gsats

☎ 9833 3314

Kinchela Boys Home

📍 139-141 Morehead Street, Waterloo 2017

✉ office@kbhac.org.au

✉ www.kinchelaboyshome.org.au

☎ 905 1690

Metropolitan Lands Council

📍 36-38 George Street, Redfern 2016

✉ metrolalc@metrolalc.org.au

✉ www.metrolalc.org.au

☎ 8394 9666

MudginGal Women's Place

📍 233 Abercrombie Street, Redfern

✉ office@mudgin-gal.org.au

✉ www.mudgin-gal.org.au

☎ 9698 1173

National Centre of Indigenous Excellence - NCIE

📍 180 George St Redfern 2016

✉ info@ncie.org.au

✉ www.ncie.org.au/contact-us

☎ 9046 7800

NSW Aboriginal Safe Gambling Services

✉ www.aboriginalsafegambling.com.au

☎ 4023 8080

Tribal Warrior

📍 Gadigal House, 180 Redfern St, Redfern

✉ hello@tribalwarrior.org

✉ www.tribalwarrior.org

☎ 9699 3491

Warringa Baiya Women's Legal Service

📍 Addison Road Community Centre, Building 13, 142 Addison Road, Marrickville

✉ warringa_baiya@clc.net.au

✉ www.warringabaiya.org.au

☎ 1800 686 587

Wyanga Aboriginal Aged Care

📍 35 Cope Street, Redfern

✉ reception@wyanga.org.au

✉ www.wyanga.org.au

☎ 9319 7175

CENTRELINK

Centrelink

☎ 136 240

Centrelink Indigenous Call Centre

☎ 1800 136 380

Child Support Enquiry Line

☎ 131 272 or 1800 241 272

Child Support Government EasyPay Service

☎ 1300 676 420

Child Support Info Service

☎ 131 107

Disabilities, Sickness and Carers Line

☎ 132 717

Employment Services

☎ 132 850

Family Assistance Line

☎ 136 150

Grandparent, Foster and Kinship Carer Advisers

☎ 1800 245 965

Medicare

☎ 132 011

Multilingual phone service

☎ 131 202

Youth Allowance Line

☎ 132 490

CHILDREN & FAMILY

Alexandria Park Early Childhood Health Centre

📍 Corner Park Road and Power Avenue, Alexandria
☎ 9562 5400

Barnados Family Connect & Support

✉ www.barnardos.org.au/services/referral-services

☎ 1800 066 757

Barnados Yuringai Learning Centre

📍 The Factory Community Centre, 67 Raglan Street, Waterloo 2017

✉ www.barnardos.org.au/centres/yuringai-learning-centre

☎ 9699 3489



Where can I
find a safe place
to stay for me
and my kids?

 **Ask Izzy**
askizzy.org.au

One website, thousands
of support services in
your back pocket.

CHILDREN & FAMILY continued

Crown Street Out of School Hours Care (OSHC)

📍 Crown Street Public School, 356 Crown Street, Surry Hills
 ✉️ oshc@shnc.org

The Girls and Boys Brigade

📍 404 Riley Street, Surry Hills 2010
 ✉️ info@girlsandboysbrigade.com.au
 🌐 www.girlsandboysbrigade.org.au
 ☎️ 9319 4509

Glebe Early Childhood Health Centre

📍 160 Johns Road, Glebe
 ☎️ 9562 5400

Grandparent, Foster, and Kinship Carer Adviser Line

☎️ 1800 245 965

KU James Cahill Preschool

📍 7 Raglan Street, Waterloo, 2017
 🌐 www.ku.com.au/childcare/centres/kujamescahill
 ☎️ 9319 4346

KU Maybanke Preschool

📍 99 Harris Street, Pyrmont 2009
 🌐 www.ku.com.au/
 ☎️ 9660 1431

Parent Line NSW

☎️ 1300 1300 52

Poets Corner Preschool

📍 Rear of 55 Morehead St, Redfern
 ✉️ poetspreschool@counterpointcs.org.au
 ☎️ 9699 3175

ROC Occasional Care Centre

📍 55 Pitt St, Redfern
 ✉️ rocc@cityofsydney.nsw.gov.au
 ☎️ 9265 9032

SDN Children's Services

📍 Various Locations
 ✉️ sdn@sdn.org.au
 🌐 www.sdn.org.au
 ☎️ 1300 831 445

The Settlement Neighbourhood Centre

📍 17 Edward Street, Darlington, 2008
 ✉️ info@thesettlement.org.au
 🌐 www.settlement.org.au/programs/the-settlement-kids
 ☎️ 9698 3087

Surry Hills Neighbourhood Centre Long Day Care and Preschool

📍 Level 1/405 Crown Street, Surry Hills
 🌐 www.shnc.org/long-day-care-and-preschool
 ☎️ 9331 8409

Weave Women's and Children's Centre

📍 133 Morehead Street, Waterloo 2017
 🌐 www.weave.org.au
 ☎️ 9699 9036

Wunanbiri Preschool

📍 Level 1, 7-11 Park Rd, Alexandria 2015
 ☎️ 9319 5712

CITY OF SYDNEY CUSTOMER SERVICE CENTRES

City of Sydney Website

Book an appointment online on the City of Sydney website or by phone

☎️ 9265 9333

✉️ council@cityofsydney.nsw.gov.au

Glebe Neighbourhood Service Centre

📍 186 Glebe Point Road, Corner Wigram Road, Glebe, 2037

Green Square Neighbourhood Service Centre

📍 355 Botany Road (Located downstairs in Green Square Library), Zetland 2017

Kings Cross Customer Service Centre

📍 50-52 Darlinghurst Road, Potts Point 2011

Town Hall Customer Service Centre

📍 Town Hall House, Level 2, 456 Kent Street, Sydney 2000

(NSW DEPARTMENT OF) COMMUNITIES AND JUSTICE

Child Protection Helpline

☎️ 13 21 11

Court Service Centre

☎️ 1300 679 272

DCJ Corrective Services NSW

☎️ 8346 1333

Feedback Line

☎️ 1800 000 164

Housing Contact Centre

☎️ 1800 422 322

Link2Home Homelessness

☎️ 1800 152 152

NSW Victims Access Line

☎️ 1800 633 063

COMMUNITY AND NEIGHBOURHOOD CENTRES

Counterpoint's Factory Community Centre

📍 67 Raglan Street, Waterloo
 ✉️ info@counterpointcs.org.au
 🌐 www.counterpointcs.org.au
 ☎️ 9698 9569

Counterpoint's Multicultural Centre

📍 73 Garden Street, Alexandria
 ✉️ info@counterpointcs.org.au
 🌐 www.counterpointcs.org.au
 ☎️ 9319 4073

JNC Community Hubs

📍 Maroubra: Shop 2, 669-673 Anzac Parade
 ✉️ contact@jnc.org.au www.jnc.org.au
 ☎️ 9349 8200

Kooloora Community Centre

📍 167 Bilga Crescent Malabar
 ☎️ 9661 9160

Kings Cross Community Centre

📍 50-58 Macleay Street, Potts Point 2011
 🌐 www.kingscross.org.au
 ☎️ 9357 2164

LCSA Peak

📍 Level 2, 17/617 Elizabeth St, Redfern 2016
 ✉️ admin@lcsansw.org.au
 🌐 www.lcsansw.org.au/
 ☎️ 9660 2044

Maybanke Community Centre

📍 87-89 Harris Street, Pyrmont 2009
 ✉️ pyrmontcc@cityofsydney.nsw.gov.au
 🌐 www.cityofsydney.nsw.gov.au
 ☎️ 9298 3134

Newtown Neighbourhood Centre

📍 1 Bedford Street, Newtown 2042
 🌐 www.newtowncentre.org
 ☎️ 9564 2442

Ozanam Learning Centre

📍 99 Forbes St, Woolloomooloo
 🌐 www.vinnies.org.au/nsw/find-help/ozanam-learning-centre
 ☎️ 9358 8100

Pyrmont Community Centre

📍 Corner John & Mount Streets, Pyrmont 2009
 ✉️ pyrmontcc@cityofsydney.nsw.gov.au
 ☎️ 9298 3134

Redfern Community Centre

📍 29-53 Hugo Street, Redfern, 2016
 ✉️ redfernc@cityofsydney.nsw.gov.au
 ☎️ 9265 9333

South Eastern Community Connect (SECC)

📍 1007 Botany Rd Mascot
 ☎️ 7903 0607

Surry Hills Neighbourhood Centre

📍 405 Crown Street, Surry Hills, 2010
 🌐 www.shnc.org
 ☎️ 9331 2646 or 9356 4977.

Ultimo Community Centre

📍 40 William Henry Str, corner Bulwara Road, Ultimo 2007
 ✉️ ultimoc@cityofsydney.nsw.gov.au
 ☎️ 9298 3111

Uniting Harris Community Centre

📍 97 Quarry Street, Ultimo, 2007
 ✉️ ask@uniting.org
 ☎️ 1800 864 846

Weave Woolloomooloo

📍 49 McElhone Street, Woolloomooloo 2011
 🌐 www.weave.org.au
 ☎️ 9331 2153

Weave Youth & Community Centre

📍 Corner Elizabeth & Allen Strs, Waterloo 2017
 🌐 www.weave.org.au
 ☎️ 9318 0539

COMMUNITY NEWS

Cityhub Sydney

🌐 www.cityhubsydney.com.au

Infoxchange Service Seeker

🌐 www.serviceseeker.com.au

Inner Sydney Voice

🌐 www.innersydneyvoice.org.au

Koorimail

🌐 www.koorimail.com

Redwatch

🌐 www.redwatch.org.au

Redwater News - Counterpoint

✉️ info@counterpointcs.org.au

South Sydney Herald

🌐 www.southsydneyherald.com.au

Star Observer

🌐 www.starobserver.com.au



24/7 Mental Health Services





Is it an emergency?

If you or someone you know is at immediate risk of harm, call triple zero (000)

Suicide Call Back Service

Anyone thinking about suicide

 suicidecallbackservice.org.au

 1300 659 467

Lifeline

Anyone having a personal crisis


 lifeline.org.au

 13 11 14

Beyond Blue

Anyone feeling anxious or depressed


 beyondblue.org.au

 1300 22 4636

Kids Helpline

Counselling for young people aged 5 to 25


 kidshelpline.com.au

 1800 55 1800

MensLine Australia

Men with emotional or relationship concerns


 mensline.org.au

 1300 78 99 78

Open Arms

Veterans and families counselling

 openarms.gov.au

 1800 011 046

COMMUNITY SAFETY

Beyond Blue

☎ 1300 224 636

Crime Stoppers

To provide crime information confidentially

☎ 1800 333 000

Do Not Call Register

🌐 www.donotcall.gov.au/consumers/register-your-numbers

☎ 1300 792 958

Emergency - Triple Zero

For emergencies or a crime in progress

☎ 000

eSafety

🌐 www.esafety.gov.au

Kids Helpline

☎ 1800 551 800

Lifeline

☎ 131 114 **Police Assistance Line**

Non-urgent reporting and general inquiries

☎ 131 444

Services Australia Fraud Tip-off Line

☎ 131 524

Services Australia Scams and Identity Theft Help Desk

☎ 1800 941 126

Suicide Callback Service

☎ 1300 659 467

Victims Access Line

☎ 1800 633 063

DISABILITY SERVICES

3Bridges

🌐 www.3bridges.org.au

Autism Connect

☎ 1300 308 699

Carer Gateway Counselling

☎ 1800 422 737 (opt 2)

Disability Advocacy

🌐 www.da.org.au

☎ 1300 365 085

NDIS

📧 enquiries@ndis.gov.au

☎ 1800 800 110

DOMESTIC & FAMILY VIOLENCE

The Benevolent Society Domestic and Family Violence Support

🌐 www.benevolent.org.au/services-and-programs/family-parenting-support/domestic-and-family-violence-support

☎ 1800 236 762

Domestic and Family Violence

☎ 1800 RESPECT

☎ 1800 737 732

Domestic Violence Line

☎ 1800 656 463

DV Connect Sexual Assault Helpline

☎ 1800 010 120

DV Connect Women's Line

☎ 1800 811 811

DV Connect Men's Line

☎ 1800 600 636

Elder Abuse and Neglect Helpline

☎ 1300 651 192

Lou's Place

📍 67 Renwick Street, Redfern

🌐 www.lousplace.com.au

MensLine Australia

☎ 1300 789 978

Moving Out Moving On (MOMO)

📍 Numerous locations, Sydney's inner city

☎ 9251 2405

Rape Crisis

☎ 1800 424 017

Women and Girls Emergency Centre

📍 174 Redfern Street, Redfern

📧 intake@wagec.org.au

🌐 www.wagec.org.au

☎ 9319 4088

EMERGENCIES

Police, Ambulance, Fire

☎ 000

Emergency line for people with a hearing or speech impairment

☎ 106

Electricity Supply Emergencies: Ausgrid

☎ 13 13 88

Gas Supply Emergencies (24/7)

☎ 1800 427 532

NSW State Emergency Service (NSW SES)

☎ 132 500

Water Supply Emergencies:

Sydney Water (24/7)

☎ 13 20 90

FINANCIAL HARDSHIP

Financial Rights Legal Centre

🌐 www.financialrights.org.au

☎ 1800 007 007

Good Shepherd's No Interest Loans (NILs)

🌐 www.goodshep.org.au/services/nils

☎ 13 64 57

Mission Australia

📍 31 Roslyn Street Kings Cross NSW 2011

📧 emergencyreliefprogram@missionaustralia.com.au

🌐 missionaustralia.com.au

☎ 93571144

National Debt Helpline

🌐 www.ndh.org.au

☎ 1800 007 007

The Salvation Army

Salvos Phone Assistance Line Team

☎ 8775 7988

Service NSW Cost of Living Relief Schemes

🌐 www.service.nsw.gov.au/campaign/savings-finder

FINES

Work and Development Orders (WDOs)

Help for people who can't pay their fines.

Find a WDO Sponsor

🌐 www.revenue.nsw.gov.au/fines-and-fees/advocates/wdo-sponsors

FOOD RELIEF

Camperdown Food Pantry at

Common Ground Sydney (Addison Road Community Organisation)

Open Tuesday to Friday, 12 to 4pm

📍 31 Pyrmont Bridge Road, Camperdown

📧 info@addiroad.org.au

☎ 9569 7633

Glebe Assistance Partnership Program (GAPP)

📍 St John's House, 138a Glebe Point Rd, Glebe

☎ 9552 4164

OzHarvest

📍 95 Wellington St, Waterloo 2017

Open Tuesday to Saturday from 10am-2 pm

🌐 www.ozharvest.org

Reverend Bill Crews Foundation

🌐 www.billcrews.org/

☎ 8752 4600

GAS AND ELECTRICITY BILL ASSISTANCE

The Energy Accounts Payment Assistance (EAPA) Scheme and Gas Rebate

Assistance offered through Service NSW to some people unable to pay their electricity or gas bills. See website or call for information on eligibility.

🌐 www.servicensw.gov.au

☎ 13 77 88

Price Comparison

Tool for electricity and gas providers

🌐 www.energymadeeasy.gov.au

GOVERNMENT SERVICES

Darlinghurst Service Centre

📍 137-153 Crown Street Darlinghurst 2010

Haymarket Service Centre

📍 McKell Building, Ground Floor, 2-4 Rawson Place, Sydney

MyGov

🌐 www.my.gov.au

☎ 132 307

Marrickville Service Centre

📍 Marrickville Metro Shopping Centre, Shop 9, 20 Smidmore Street

National Relay Service

For people with a hearing or speech impairment to discuss Centrelink, Child Support or Medicare Services or Payments

☎ 1800 555 660 or 13 77 88

🌐 www.service.nsw.gov.au/

NSW Fair Trading

🌐 www.fairtrading.nsw.gov.au

☎ 133 220

NSW Ombudsman

☎ 1800 451 524

NSW Registry of Births, Deaths and Marriages

📍 35 Regent St, Chippendale

🌐 www.bdm.nsw.gov.au

☎ 13 77 88

Online Services Support Hotline

Technical assistance with your Centrelink, Medicare or MyGov accounts and the Express Plus Mobile App

☎ 132 307

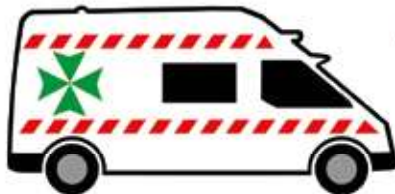
In an emergency, call Triple Zero (000)

To contact the police, fire or ambulance in an emergency, call Triple Zero (000) from any telephone in Australia. Calls are free.



000

EMERGENCY



When to call Triple Zero (000)

You should only call Triple Zero (000) in life threatening or time critical situations when an urgent response is required from police, fire or ambulance.

What will happen when I call Triple Zero (000)?

The operator will ask you which emergency service you require—police, fire or ambulance—and will connect you. The operator may also ask where you are calling from.

What if I have difficulty speaking English?

If you have difficulty speaking English, you can ask for an interpreter once you have been transferred to the emergency service you requested. You will not have to pay for the interpreter.

When you call Triple Zero (000), stay calm, stay on the line and clearly answer the operator's questions.

GOVERNMENT SERVICES *continued*

Redfern Service Centre

📍 140 Redfern Street Redfern 2016

Service NSW

🌐 www.service.nsw.gov.au

☎ 13 77 88

Wynyard Service Centre

📍 19 York Street, Sydney

HARM REDUCTION

Alcohol and Drug Information Service

Counselling, referrals, support, and information

☎ 1800 177 833 24/7

Burton Street Centre, St Vincents Hospital

🌐 www.svhs.org.au/our-services/list-of-services/alcohol-drug-service/burton-street-centre

Counselling Online (Drug and Alcohol)

☎ 1800 888 236

Family Drug Support

☎ 1300 368 186 (24/7)

Kirketon Road Centre

📍 KRC Firestation (Darlinghurst)

📍 KRC Kellett St (Potts Point)

☎ 9360 2766

The Langton Clinic

📍 591-623 South Dowling Str, Surry Hills 2010

☎ 9332 877

NSW Users and Aids Association (NUAA)

📍 345 Crown Street, Surry Hills 2010

🌐 www.nuaa.org.au

☎ 8354 7300 or 1800 644 413

Opioid Treatment Line

☎ 1800 642 428

Redfern Harm Reduction Program

📍 Rear of Redfern Community Health Centre, Turner Street, Redfern 2016

☎ 9395 0400

Sex Workers Outreach Project (SWOP)

📍 219 Oxford St, Darlinghurst 2010

📧 swopconnect@swop.org.au

🌐 www.swop.org.au

☎ 9184 9466

Stimulant Treatment Line

☎ 9361 8088

Uniting Medically Supervised Injecting Centre

📍 66 Darlinghurst Rd, Potts Point 2011

🌐 www.uniting.org/community-impact/uniting-medically-supervised-injecting-centre--msic

☎ 9360 1191

HEALTH - DENTAL

Sydney Dental Hospital

📍 2 Chalmers Street, Surry Hills 2010

📧 slhd-sdh@health.nsw.gov.au

☎ 9293 3200

HEALTH - GENERAL

Brown Nurses

📍 75 Bay Street, Glebe 2037

☎ 9518 6466

Camperdown Community Health Centre

📍 King George V Building, 86-119

Missenden Road, Camperdown 2050

☎ 9516 3232

Carer Assist

☎ 9708 2670

Health Direct (24/7)

🌐 www.healthdirect.gov.au

☎ 1800 022 222

Medicare

☎ 132 011

Medicare Indigenous Access Line

☎ 1800 556 955

Mental Health Access Line (24/7)

☎ 1800 011 511

Pharmaceutical Benefits Scheme

☎ 132 290

Redfern Health Centre

📍 103-105 Redfern Street, Redfern 2016

☎ 9395 0444

HEALTH - GPS

Check bulk billing options

BEFORE MAKING AN APPOINTMENT

Bourke Street Clinic

📍 421 Bourke Street, Surry Hills

🌐 www.thebourkestreetclinic.com.au

☎ 9332 0400

Broadway General Practice

📍 M105/Level 1, Broadway Shopping Centre, 1 Bay Street, Broadway

🌐 www.broadwaygeneralpractice.com.au

☎ 8245 1500

City Doc Medical Centre

📍 7-9 Gibbons Street, Redfern

🌐 www.citydoc.com.au

☎ 8399 5320

Crown Street Medical Centre

📍 351 Crown Street, Lower Ground, Surry Hills

🌐 www.crownstmedicalcentre.com.au

☎ 9360 3338

Darlinghurst Medical Centre

📍 213-219 Darlinghurst Road, Darlinghurst

🌐 www.darlinghurstmedical.com.au

☎ 8302 1111

Glebe Family Medical Practice

📍 114 Glebe Point Rd, Glebe

🌐 www.gfmp.com.au

☎ 9660 8399

MyHealth Central Park

📍 Shop RB08 Lower Ground Level, Central Park Shopping Centre, 1 Central Park Ave, Chippendale 2008

🌐 www.myhealth.net.au/central-park

☎ 8197 1888

Myhealth South Eveleigh

📍 Shop 17/2 Central Avenue, Eveleigh

🌐 www.myhealth.net.au

☎ 9197 3990

Poets Corner Medical Centre

📍 Shop 5, 45 Morehead Street, Redfern

🌐 www.poetscornermc.com.au

☎ 9698 3060

Redfern Station Medical Centre

📍 1/147-151 Redfern Street, Redfern

🌐 www.redfernstationmc.com.au

☎ 8313 2999

Surry Hills Medical Centre

📍 569/573 Crown Street, Surry Hills

🌐 www.shfmc.com.au

☎ 9699 3311

Waterloo Medical Centre

📍 Shop 4/45 Wyndham St, Alexandria

🌐 www.waterloomedicalcentre.com.au

☎ 9319 4251

HEALTH - HOSPITALS

The Royal Prince Alfred Hospital

📍 50 Missenden Rd, Camperdown 2050

☎ 9515 6111

St Vincent's Hospital Sydney

📍 90 Victoria St, Darlinghurst 2010

☎ 8382 1111

HEALTH - PSYCHOLOGY SUPPORT & COUNSELLING

3Bridges

🌐 www.3bridges.org.au

☎ 1300 327 434

ACAP Psychology Clinic

🌐 www.acap.edu.au/current-students/acap-psychology-clinic

☎ 8236 8070

Australian College of Applied Professions (ACAP) Psychology Clinic

📍 Level 11/255 Elizabeth St, Sydney 2000

🌐 www.acap.edu.au/applied-psychology/psychology/psychology-clinic

☎ 8236 8070

Butterfly Foundation (eating disorders)

🌐 www.butterfly.org.au

☎ 1800 334 673

Dokotela

📧 cesphn@dokotela.com.au

🌐 www.dokotela.com.au

🌐 www.cesphn.org.au/telehealth-psychiatry-service

☎ 8003 7668

Flourish Australia

🌐 www.flourishaustralia.org.au

☎ 1300 779 270

Head to Health

🌐 www.cesphn.org.au/mental-health/head-to-health

☎ 1800 595 212

Mental Health Line

☎ 1800 011 511

Neami National

🌐 www.neaminational.org.au

☎ 1800 843 539

OneDoor Mental Health

🌐 www.onedoor.org.au

☎ 1800 843 539

Psychological Support Services (PSS)

🌐 www.cesphn.org.au/pss

📧 mentalhealth@cesphn.com.au

☎ 1300 170 554

Relationships Australia NSW

🌐 www.relationshipsnsw.org.au

☎ 1300 364 277

Suicide CallBack Service

🌐 www.suicidecallbackservice.org.au

☎ 1300 659 467

This Way Up

🌐 www.thiswayup.org.au



Free legal advice & casework

Community legal education & law reform

General: 02 9698 7277

Inner Sydney Tenants Advice & Advocacy Service:

02 9698 5975

Financial Abuse Service NSW: 0481 730 344

Employment Rights Legal Service: 02 8004 3270

International Student Service: 02 9698 7645

First Nations
Justice



Discrimination \neq

Money
Problems



Housing



Domestic
Violence



Financial
abuse



Police
complaints



Fines



Employment



Victims
Compensation



At Redfern Town Hall, Gadigal Country

73 Pitt St, Redfern NSW 2016

info@rlc.org.au

rlc.org.au/contact

HEALTH - PSYCHOLOGY, SUPPORT & COUNSELLING continued

University of Sydney Brain and Mind Centre Psychology Clinic

📧 www.sydney.edu.au/brain-mind/our-clinics/psychology-clinic.html
☎ 9114 4343

UNSW Psychology Clinic

📧 www.clinic.psy.unsw.edu.au
☎ 9385 3042

UNSW Traumatic Stress Clinic

📧 traumaticstressclinic@unsw.edu.au
📧 www.traumaticstressclinic.com/posttraumatic-stress-disorder
☎ 8627 3314

UTS Psychology Clinic

☎ 9514 7339

Vinnies - The Cleveland Centre

📍 317 Cleveland Street, Redfern 2016
☎ 9690 5620

Wellbe Counselling and Psychology

📧 www.wellbe.net.au
☎ 9627 1177

HEALTH - SEXUAL HEALTH

ACON

📍 Ground Floor, 414 Elizabeth Street, Surry Hills 2010
📧 www.acon.org.au
☎ 9206 2000

The Albion Centre

📍 150-154 Albion Street, Surry Hills 2010
☎ 9332 9600

Bobby Goldsmith Foundation

📍 3/111-117 Devonshire St, Surry Hills 2010
📧 www.bgf.org.au
☎ 9283 8666

NSW Sexual Health Infolink

☎ 1800 451 624

RPA Sexual Health Service

📍 16 Marsden Street, Camperdown 2050
☎ 9515 1200

Sydney Sexual Health

📍 Level 3, Nightingale Wing, Sydney Eye Hospital, 8 Macquarie St, Sydney 2000
📧 www.sshc.org.au
☎ 9382 7440

HEALTH - SHARPS WASTE

Maintenance Contact Centre

Report community sharps found in DCJ Housing common areas to:
☎ 1800 422 322

National Needlestick Injury & Other Exposures Hotline

☎ 1800 804 823

NSW Needle Clean-Up Hotline

Report community sharps found on the street to:
☎ 1800 633 353

HOMELESSNESS

The Crossing (Mission Australia)

📍 31 Roslyn Street, Kings Cross 2011
📧 thecrossing@missionaustralia.com.au
☎ 9357 1144

Father Chris Riley's Youth Off the Streets

📧 www.youthoffthestreets.com.au

The Haymarket Foundation

Crisis Accommodation Service, Chippendale Alcohol and Other Drugs Service, Woolloomooloo
📧 www.haymarket.org.au
☎ 1300 029 202

Link2home Homelessness (24/7)

9am to 10pm: Information, assessments and referrals to appropriate specialist services.
10pm to 9am: Information and assessments, referrals only to emergency services.
☎ 1800 152 152

Link2Home Veterans & Ex-Service

☎ 1800 326 989

Mission Australia Housing

📧 www.missionaustralia.com.au/servicedirectory/211-homelessness

Oasis Youth Support Network

📧 traumaticstressclinic@unsw.edu.au
📧 oasisysn@aue.salvationarmy.org
📧 www.salvos.org.au/oasis
☎ 9331 2266

Redfern Vinnies Support Centre

📍 317 Cleveland St, Redfern
📧 Redferncsc@vinnies.org.au
☎ 9690 5600

St Vincent de Paul Society

📧 vinnies@vinnies.org.au
📧 www.vinnies.org.au
☎ 13 18 12 (option 3)

Wayside Chapel

📍 Kings Cross, 29 Hughes St, Potts Point
📧 mail@thewaysidechapel.com
📧 www.waysidechapel.org.au
☎ 9581 9100

Way2Home

📧 way2home@neaminational.org.au
📧 www.neaminational.org.au/find-services/way2home
☎ 1800 505 501

HOUSING ADVICE

Glebe DCJ Housing Outreach

Tuesday and Thursday 12.30pm - 3.00pm
📍 The Old Fire Station, 113 Mitchell St, Glebe
☎ 9268 3434

Poets Corner Outreach Office

📍 Gilmore Building, 55 Morehead St, Redfern

Redfern DCJ Housing

📍 Ground Floor, 219-241 Cleveland St, Redfern
☎ 9268 3434

Redfern DCJ Housing Outreach

Poets Corner Outreach Office
Tuesday and Thursday, 9.00 am - 12.00 pm
📍 Gilmore Building, 55 Morehead St, Redfern
☎ 9268 3434

Strawberry Hills DCJ Housing Office

📍 219/241 Cleveland Street, Redfern
☎ 9377 6000

Surry Hills DCJ Housing

📍 The Pottery, Ground Floor, 31 Belvoir Street, Surry Hills
☎ 9319 9333

Waterloo DCJ Housing

📍 Ground Floor, 232 Pitt Street, Waterloo
☎ 9384 4166

INCOME MANAGEMENT

Abstudy

☎ 13 24 90

Apprentices and Trainees

☎ 13 36 33

Assistance for Isolated Children

☎ 132 318

Child Support

☎ 13 11 07

Disability, Sickness and Carers

☎ 13 27 17

Families

☎ 13 61 50

Grandparent, Foster, and Kinship Carer Adviser Line

☎ 1800 245 965

Income Compliance

☎ 1800 171 846

Indigenous Debt Recovery

☎ 1800 138 193

Job Seekers

☎ 13 28 50

Older Australians

☎ 132 300

Pensions

☎ 13 23 00

Youth and Students

☎ 132 490

LEGAL SERVICES

Aboriginal Legal Service

📧 www.alsnswact.org.au

General enquiries

☎ 9213 4100

Police charges and court matters

☎ 1800 765 767

Care and protection and family matters

☎ 1800 733 233

Community Legal Services NSW Directory

📧 www.findlegalhelp.clnsw.org.au

Inner City Legal Centre

📍 Basement, Kings Cross Library, Neighbourhood Centre, 50-52 Darlinghurst Road, Kings Cross 2011

📧 iclc@iclc.org.au

📧 www.iclc.org.au

☎ 9332 1966

Kingsford Legal Centre

📧 www.legal@unsw.edu.au

☎ 9385 9566

LawAccess NSW

For referrals to other community legal services

☎ 1300 888 529

Redfern Legal Centre

📍 73 Pitt Street, Redfern

📧 info@rlc.org.au

📧 www.rlc.org.au

☎ 9698 7277

Welfare Rights Centre

📧 www.welfarightscentre.org.au

Women's Legal Service NSW

📧 www.wlnsw.org.au

☎ 8745 6999 Domestic Violence Legal Advice

☎ 8745 6988 Women's Legal Advice

☎ 8745 6977 First Nations Women's Contact

COMMUNITY AND SERVICES LISTINGS

LGBTQI+ COMMUNITY

ACON

📧 www.acon.org.au
☎ 1800 063 060

Anti-Discrimination Board

📧 www.lawlink.nsw.gov.au/adb
☎ 9268 5555

Bobby Goldsmith Foundation

📧 www.bgf.org.au
☎ 9283 8666

Gay and Lesbian Counselling Service of NSW

☎ 8459 9596

The Gender Centre

📧 www.gendercentre.org.au
☎ 9569 2366

Minus 18

📧 www.minus18.org.au

Organisation Intersex International Australia

📧 www.oiaustralia.com/

QLife

📧 www.qlife.org.au
☎ 1800 184 527

Transgender Anti-Violence Project

☎ 9569 2366
📧 www.tavp.org.au

Twenty10

📧 www.twenty10.org.au
☎ 8594 9555

LIBRARIES

City of Sydney Local Libraries

Current information on the City of Sydney's Local Libraries can be found at:

📧 library@cityofsydney.nsw.gov.au
📧 www.cityofsydney.nsw.gov.au/libraries
☎ 9265 9333

Customs House Library

📍 31 Alfred Street, Circular Quay, 2000

Darling Square Library

📍 The Exchange, Levels 1 and 2, 1 Little Pier Street, Haymarket 2000

Glebe Library

(and Customer Service Centre)
📍 186 Glebe Point Road, Glebe 2037

Green Square Library

(and Customer Service Centre)
📍 355 Botany Road, Zetland 2017

Kings Cross Library

(and Customer Service Centre)
📍 Level 1, 50-52 Darlinghurst Road, Potts Point 2011

Newtown Library

📍 8-10 Brown Street, Newtown, Pyrmont Link 2042
📍 Town Hall Express, Level 1, Town Hall House, 456 Kent Street, Sydney, 2000

Pyrmont Link Library

📍 87-89 Harris Street, Pyrmont 2009

Surry Hills Library

📍 405 Crown Street, Surry Hills 2010

Ultimo Library

📍 Level 1, Ultimo Community Centre, 40 William Henry Street, Ultimo 2007

Waterloo Library

📍 770 Elizabeth Street, Waterloo 2017

LOCAL RESIDENT GROUPS

Alexandria Residents Action Group (ARAG)

Meets every second month

📧 info@ARAG.org.au

The Forest Lodge And Glebe Coordination Group (FLAG)

Second Tuesday of each month from 11am to 12.30pm

📍 Glebe Town Hall, 160 St Johns Road, Glebe
📧 flagatglebetownhall@gmail.com

Friends of Erskineville Inc

Second Tuesday of each month from 7.30pm

📍 Erskineville Town Hall, 104 Erskineville Road
📧 friends@friendsoferskineville.org
📧 www.friendsoferskineville.org

The Glebe Society

Every second Wednesday of the month

(except January) from 7pm
📍 Glebe Town Hall, 160 St Johns Road, Glebe
📧 president@glebesociety.org.au
📧 www.glebesociety.org.au

REDWatch

First Thursday of each month

(except January) from 6pm
📍 Factory Community Centre, 67 Raglan Street, Waterloo
📧 mail@redwatch.org.au
📧 www.redwatch.org.au

2011 Residents' Association Inc

Meets on the first Monday of each month.

📧 2011rai@gmail.com

For a complete list, search the City of Sydney website or contact your local community centre.

LOCKSMITHS

Bensons Locksmiths & Security Services

☎ 9516 4688

ED's locksmith

☎ 9519 9519

Houdini Locksmiths

Offers centre pay
📧 [houdinilocks \[@\] gmail.com](mailto:houdinilocks [@] gmail.com)
📧 www.houdinilocksmiths.com.au
☎ 9136 5165

MIGRANTS, REFUGEE AND VISITOR SERVICES

Asylum Seekers Centre

☎ 9078 1900

Communitiy Migrant Resrouce Centre

☎ 9687 9901

Department of Home Affairs

📧 www.homeaffairs.gov.au
📧 www.immi.homeaffairs.gov.au
☎ 13 18 81

Department of Immigration and Border Protection

📍 26 Lee St, Haymarket
☎ 13 18 81

Ethnic Communities Council of NSW

📍 221 Cope St, Waterloo 2017
☎ 9319 0288

Multilingual Phone Service

☎ 131 202

MULTICULTURAL SERVICES

Asylum Seekers Centre

📍 43 Bedford Street, Newtown 2042
📧 www.asylumseekerscentre.org.au
☎ 9078 1900

Jewish Care

📧 hello@jewishcare.com.au
📧 www.jewishcare.com.au
☎ 1300 133 660

Multicultural Disability Advocacy Association of NSW

📧 [mdaa@madaa.org.au](mailto:madaa@madaa.org.au)
☎ 9891 6400

NSW Multicultural Health Communication Service

📧 www.mhcs.health.nsw.gov.au

Spanish Community Care Association

📧 info@spanishcare.org.au
📧 www.spanishcare.org.au

Sydney Multicultural Community Services

📧 info@sydneymcs.org.au
📧 www.sydneymcs.org.au
☎ 9663 3922

Transcultural Mental Health Line

☎ 1800 648 911

Translating and Interpreting Service (TIS)

☎ 13 14 50

OLDER PEOPLE SERVICES

3Bridges Community

📧 www.3bridges.org.au
☎ 1300 327 434

Australian Chinese Community Association of NSW

📧 info@acca.org.au
📧 www.acca.org.au

Dementia Support Australia (24/7)

☎ 1800 699 799

Eastern Sydney/City of Sydney Dementia Advisory Service

☎ 8382 1450 (Intake)
☎ 0416 144 100

HammondCare, Darlinghurst

📧 www.hammond.com.au
☎ 1800 776 112

My Aged Care

📧 www.myagedcare.gov.au
☎ 1800 200 422

NSW Ageing and Disability Abuse Helpline

☎ 1800 628 221

Services Australia Aged Care Line

☎ 1800 227 475

PETS AND ANIMAL WELFARE

Animal Welfare League NSW

📧 www.awlnsw.com.au
☎ 8899 3333

Maggie's Rescue

📧 admin@maggiesrescue.org
📧 www.maggiesrescue.org

RSPCA

Council Pet Microchipping (free for pensioner, concession card or student concession card holders), Registration, and for when your pet goes missing

📧 www.cityofsydney.nsw.gov.au/pet-animal-services

RSPCA NSW

📧 www.rspcansw.org.au

RSPCA Lost and Found:

☎ 9770 7555 – option 3

Report a Cruelty Case:

☎ 1300 278 3589

VetPay

✉ support@vetpay.com.au

📧 www.vetpay.com.au

☎ (08) 8465 1850

WIRES

📧 www.wires.org.au

☎ 1300 094 737

POLICE STATIONS

Remember, Police stations have various specialist liaison officers to help specific communities understand their rights and responsibilities when in contact with the police and can help explain how police respond to and manage crime and community safety. This includes Aboriginal Liaison Officer, Domestic Violence Liaison Officer, Community and crime prevention Liaison Officer, Multicultural Liaison Officer, and LGBTQIA Liaison Officer.

For non-urgent police assistance

☎ 131 444

Day Street Police Station (24/7)

📍 192 Day Street, Sydney 2000

☎ 9265 6499

Glebe Police Station (24/7)

📍 1-3 Talfourd Street, Glebe 2037

☎ 9552 8099

Kings Cross Police Station (24/7)

📍 Corner of Elizabeth Bay Road and Barncleuth Square, Kings Cross 2011

☎ 8356 0099

Mascot Police Station (24/7)

📍 965 Botany Road, Mascot 2020

☎ 8338 7399

Newtown Police Station (24/7)

📍 222 Australia Street, Newtown 2042

☎ 9550 8199

Redfern Police Station (24/7)

📍 1b Lawson Street, Redfern 2016

☎ 8303 5199

Surry Hills Police Station (24/7)

📍 Level 3, Sydney Police Centre, 151-241

Goulbourn Street, Surry Hills 2010

☎ 9265 4144

Woolloomooloo Police Station

📍 Shop 10/164 Cathedral Street,

Woolloomooloo

☎ 9380 2189

CUSTOMER ASSISTANCE UNIT

If you need help, you can contact the Customer Assistance Unit to obtain assistance on how to lodge a complaint or compliment.

☎ 1800 622 571

POST OFFICES

AUSTRALIA POST

📧 www.auspost.com.au

☎ 13 76 78

Alexandria Post Shop

📍 1 Mitchell Road, Alexandria 2015

Broadway Post Shop

📍 The Broadway Shopping Centre Shop

21g 1, 21 Bay Street, Ultimo

Haymarket Post Shop

📍 Shop 13, 477 Pitt Street, Sydney 2000

Newtown Post Shop

📍 21-25 Enmore Road, Newtown 2042

Potts Point Post Shop

📍 50-58 Macleay Street, Elizabeth Bay 2011

Redfern LPO

📍 168-170 Redfern Street, Redfern 2016

Strawberry Hills Post Shop

📍 219-241 Cleveland Street, Redfern 2016

Surry Hills Post Shop

📍 4/500 Crown Street, Surry Hills 2010

Sydney South Post Shop

📍 Shop 22, 201 Elizabeth Street, Sydney 2000

Waterloo Parcel Collection

📍 10/5 Potter Street, Waterloo 2017

SWIMMING POOLS

Andrew (Boy) Charlton Pool

📍 1C Mrs Macquaries Road, The Domain 2000

📧 www.abcpool.org

Belgravia

✉ askbelgravia@belgravialeisure.com.au

☎ 1300 198 412

Cook + Phillip Park Pool

📍 4 College Street (Corner William Street),

Sydney 2000

📧 www.cookandphillip.org.au

Gunyama Park Aquatic and Recreation Centre

📍 17 Zetland Avenue, Zetland 2017

📧 www.gunyamapark.com.au

Ian Thorpe Aquatic Centre

📍 458 Harris Street, Corner William Henry

Street, Ultimo 2007

📧 www.itac.org.au

Prince Alfred Park Pool

📍 105 Chalmers Street, Surry Hills 2010,

📧 www.princealfred.org

Victoria Park Pool

📍 Victoria Park, City Road Corner

Parramatta Road, Camperdown 2050

📧 www.vppool.com.au

TENANCY AND LEGAL SERVICES

Inner Sydney Tenant's Advice Service

☎ 9698 5975

Tenants Union NSW

📧 www.tenants.org.au/tu

TRANSLATION & INTERPRETING

Translating & Interpreting Service (TIS)

☎ 13 14 50

TRANSPORTATION

Access Sydney

📧 www.accesssydney.org.au

☎ 8241 8000

Opal Travel

📧 www.transportnsw.info/apps/opal-travel

Transport NSW

📧 www.transportnsw.info

☎ 131 500

Transport NSW Trip Planner

📧 www.transportnsw.info/apps

VETERAN SERVICES

Veterans Support Service

☎ 1800 011 046

VOTING AND ELECTIONS

Australian Electoral Commission

📧 www.aec.gov.au

☎ 13 23 26

NSW Electoral Commission

📧 www.elections.nsw.gov.au

☎ 1300 135 736

YOUTH SERVICES

Caretakers Cottage

📧 www.caretakers.org.au

The Fact Tree Youth Service

📍 703 Elizabeth Street, Waterloo

✉ info@facttree.org.au

📧 www.facttree.org.au

Glebe Youth Service

📍 84 Glebe Point Road, Glebe 2037

📧 www.glebeyouth.org.au

☎ 9331 2646 or 9319 2078

Headspace/Headspace Camperdown

📍 Level 2, Building K (Brain and Mind Centre),

97 Church St, Camperdown 2050

📧 www.headspace.org.au

PCYC Waterloo

📍 638 Elizabeth Street, Redfern

✉ southsydney@pcycnsw.gov.au

📧 www.pcycnsw.org.au/south-sydney

☎ 9319 4240

Redfern Youth Connect

📍 160 Botany Rd, Alexandria 2015

✉ info@redfernyouthconnect.org

☎ 7204 3888

The Settlement Neighbourhood Centre

📍 17 Edward Street, Darlington 2008

✉ info@thesettlement.org.au

📧 www.settlement.org.au/programs/the-settlement-youth

☎ 9698 3087

Weave Youth and Community Services

📍 1B Elizabeth Street, Waterloo 2017

📧 www.weave.org.au

☎ 9318 0539

Youth Block Youth Health Service

📍 288 Abercrombie Street, Redfern

☎ 9562 5640



ABN: 21 334 613 263

Counterpoint Community Services Incorporated
67 Raglan Street, Waterloo NSW 2017
Phone: 02 9699 896 Email: info@counterpointcs.org.au



counterpointcs.org.au